

UPSSSC Mukhya Sevika Syllabus 2024

Topics Covered in UPSSSC Mukhya Sevika Syllabus	
Chief Sevak's Role and Responsibilities	Poverty, dowry, domestic violence, divorce, generation gap, caste.
Marriage, family, caste, gender inequality, religion, and languages.	Social change, social control.
Social problems and issues affecting children and women in particular.	Energy, basic metabolism
Population explosion, population growth, and control.	A balanced diet, the calorie content of food, and weight control

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Its lack causes springs, functions, needs, and diseases.	Preservation of Nutrients During Cooking, Traditional Methods for Improving Nutrition v Identification Food germination, fermentation, food synergy.
Pregnancy Signs and Complications, Nutritional Requirements During Pregnancy, Baby, etc Stages of Labor, Types of Birth, Women's Health and Abortion.	Stages of child development and factors affecting development.

<p>Growth and development: physical development, motor development, emotional development Language development, social development, cognitive development.</p>	<p>Immunity: types and vaccination schedule.</p>
<p>Newborn care, breastfeeding, malnutrition, supplemental nutrition.</p>	<p>Diseases: fever, diphtheria, whooping cough, tetanus, polio, measles, tuberculosis, chicken Hepatitis, Malaria, Dengue, Typhoid, Diarrhea, Worm Infestation, Anemia, Cosque, Symptoms, Treatment.</p>
<p>Extension Nutrition throughout life: infancy, childhood, adolescence, infant mortality, and The mortality rate in India.</p>	<p>Counseling: its importance, necessity and technique, effective communication and skills.</p>
<p>Health authorities: WHO, UNICEF, UNFPA, UNDP, Red Cross, Indian Council for RecognitionWelfare, Recognition of Family Planning Association of India, etc.</p>	<p>Universal Immunization Programme: Vaccinations before and after birth</p>