

# UPSSSC ANM Syllabus 2024

The Uttar Pradesh Subordinate Services Selection Commission publishes the UPSSSC ANM Syllabus to help students comprehend the subjects and themes on which the exam will be based. The UPSSSC ANM Syllabus is divided into two parts. Part 1 consists of the UPSSSC ANM syllabus for the PET exam, and Part 2 consists of the UPSSSC ANM syllabus for the main exam.

Download the Syllabus PDF.

## UPSSSC ANM Syllabus for PET Exam (Expected)

The UPSSSC PET Exam 2024 marks the initial stage of the selection process. The UPSSSC ANM Syllabus 2024 for the PET Exam contains 14 topics. Check out the entire UPSSSC ANM Syllabus 2024 for the PET Exam provided below.

## UPSSSC ANM Syllabus for Indian History and National Movement

Topics for Indian History and National Movement covered in UPSSSC ANM Syllabus	
Indus Valley Civilization	The growth of the British Raj and the beginnings of the first freedom movement
Harshwardhan	Social and Economic Impact of the British Raj
Rajput period	The early years of the independence movement
Sultanate period	Swadeshi and Civil Disobedience Movement
Mughal Empire	Revolutionary movement And the rise of extremism
Maratha	Legislative Amendment and the British India Act, 1935
Vedic culture	Quit India Movement
Buddhism	Azad Hind Fauj and Netaji Subhash Chandra Bose

Jainism	Gupta Dynasty
Maurya Dynasty	

## UPSSSC ANM Syllabus for Geography

Topics for Geography covered in UPSSSC ANM Syllabus	
Physical geography of India and the world	Rivers and valley of rivers
	Groundwater resources
	Mountains and glaciers
	Desert and dry areas
	Mineral Resources
Population Change and Migration	
Political geography of India and the world	
Climate and weather	
Time zone	

## UPSSSC ANM Syllabus for Indian Economy

Topic	Subtopic
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Indian Economy from 1947 to 1991	Planning Commission and Five Year Plans
	Development of Mixed Economy – Private and Public Sector
	Green revolution
	Milk development and operation flood
	Nationalization and Reforms of Banks
Post 2014 Economic Reforms	Agricultural reforms
	Structural reforms
	Labor reforms
	Financial improvement
	GST
Economic reforms in 1991 and the economy thereafter	

## UPSSSC ANM Syllabus for General Science

<b>Topics for General Science covered in UPSSSC ANM Syllabus</b>	
Elementary physics	Elementary chemistry

Elementary biology	
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## UPSSSC ANM Syllabus for Indian Constitution & Public Administration

Topic	Subtopic
Indian Constitution	Salient Features of Indian Constitution
	Directive Principles of State Policy
	Fundamental Rights and Duties
	Parliamentary system
	Federal System, Union and Union Territories
	Union State Relations
	Judicial Structure, Supreme Court, High Court
Local Bodies and Panchayati Raj Institution	
District administration	

## UPSSSC ANM Syllabus for Elementary Arithmetic

Topics for Elementary Arithmetic covered in UPSSSC ANM Syllabus	
Whole numbers	Decimal

Different	Percentage
Simple numerical equation	Square and square root
Exponent and power	Average

## UPSSSC ANM Syllabus for General English

<b>Topics for General English covered in UPSSSC ANM Syllabus</b>	
Unseen Passage	English Grammar

## UPSSSC ANM Syllabus for General Hindi

<b>Topics for General Hindi covered in UPSSSC ANM Syllabus</b>	
Treaty (सन्धि)	Antonyms words (विलोम शब्द)
Synonym words (पर्यायवाची शब्द)	A word for phrases (वाक्यांशो के लिए एक शब्द)
Gender (लिंग)	Equivalent words (समश्रुत भिन्नार्थक शब्द)
Idioms (मुहावरे लोकोत्तियां)	Common errors (सामान्य अशुद्धियां)
Writers and compositions – prose and poetry (लेखक एवं रचनाएं – गद्य एवं पद्य)	

## UPSSSC ANM Syllabus for Logic & Reasoning

<b>Topics for Logic &amp; Reasoning covered in UPSSSC ANM Syllabus</b>
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Large and small	Order and ranking
Blood Relation	Segregate
Calendar and watch	Cause and effect
Coding and decoding – numbers and letters	Negative Reasoning – Statement Analysis and Decision

### UPSSSC ANM Syllabus for Current Affairs and General Awareness

Topic	Subtopic
Current Affairs	National
	International
General Awareness	Country Capital and Currency
	Indian Parliament, Lok Sabha, Legislative Assembly and Legislative Council
	World organizations and their headquarters
	Art and Culture of India
	Indian Research Organization

	Awards and Winners
	Neighboring countries of India
	States and Union Territories of India
	National and International Day
	Indian tourist destination
	India and World sports
	Famous books and authors
	Climate change and environment
Graph Analysis & Interpretation	5 Questions on each
Analysis of 2 Unseen Hindi Passage	5 Questions on each
Tables Analysis & Interpretation	5 Questions on each

## UPSSSC ANM Syllabus for Mains Exam (Expected)

Applicants for the ANM Recruitment 2024 should study the entire UPSSSC ANM Syllabus. Check out the detailed official UPSSSC ANM Syllabus 2024 for the Mains Exam provided below.

**Topics for Mains Exams covered in UPSSSC ANM Syllabus**

Organization of SC, PHC, CMC, and district hospital	Determinants of health
Role of Counsellor	Role of ANM/Female Health Worker
Overview of health problems of communities in India	Classification of foods and their nutritive value
Code of ethics for ANM	Balanced diet for different age group
Importance of nutrition in health and sickness	Vitamin and mineral deficiencies: Nutritional anemia in women
Abnormalities of pregnancy	Control and prevention of communicable diseases, General measures
Role and Responsibilities of ANM/FHW	Hygiene of the body
Health agencies	International and National health agencies
The Human body Structure and body systems and their functions	Concept of mental health
Under five nutrition, the role of ANM's /FHW/AWWs in supplementary food	Accidents: causes, precautions, and prevention



Care of the sick in the community: Taking history, Physical examination: Vital signs	Sex education for adolescents
Communicable diseases: Signs, Symptoms, care and prevention of various diseases	School health: Objectives, problems, and programmes, Environment of school
Classifications of drugs forms	Abortion: types of abortion, causes of abortion
Exclusive Breastfeeding	Foetus and placenta
Normal pregnancy: Signs and symptoms of pregnancy	Factors affecting growth and development in infants and children
Adolescent girls	Pregnancy and abortion
Menstruation and menstrual hygiene	Cuts and wounds: types, principles, and first aid care
Care of new-born	Care during normal labor
Fever	Vital signs: Temperature, pulse, respiration, blood pressure
Minor Injuries and ailments	Home care remedies & Integrated accepted practices of AYUSH
Need of First Aid	Physical, psychological, and social development of children

